



Indulge yourself in the grandeur and serenity of our Spa services and go away floating in a state of supreme relaxation. Choose from our excellent menu for remedial and pampering benefits.

Our treatment rooms provide an atmosphere of tranquility, privacy and simplicity. Our massage therapists will ensure that your experience is comforting, pleasant and uplifting.

Custom Massage

We take the worry out of trying to choose the right massage. Our highly skilled therapist will work with you to create a customized treatment just for you combining techniques including Swedish, Deep Tissue, Sport Massage, and Reflexology.

(\$95.00 for 60 minutes, \$135.00 for 90 minutes)

Couples Massage

Double the pleasure and increase your enjoyment when you and your companion enjoy a massage in our special couples room. Schedule some time before or after your massage to relax in the adjoining private screened porch.

(\$190.00 for 60 minutes, \$270.00 for 90 minutes)

Nisbet Plantation Signature Island Breeze Massage

The focus of this massage is pure relaxation. You will envision gently swaying coconut palms on a private white sand beach with this intensely hydrating treatment. This massage is perfect for recent arrivals from cold climates or after too much sun exposure. It begins with a full body dry brush to gently exfoliate the skin, followed by a gentle relaxing massage with our signature "Island Breezes" body butter and a warm coconut oil scalp massage.

(\$100.00 for 60 minutes, \$140 for 90 minutes)

Reflexology

This completely safe form of therapy works on the principle that there are reflex areas in the feet, which correspond to all of the glands, organs, and parts of the body. Thumbs and fingers apply pressure to your body's reflex points in your feet in order to re-establish energy flow while promoting relaxation and stress relief.

(\$95.00 for 60 minutes)

Ocean Stone Massage

Let your tension melt away with our Ocean Stone Massage. Hot stones and aromatic oils are skillfully combined to induce a state of complete relaxation.

(\$140.00 for 80 minutes)

Epicuren's Island Paradise

Your island transformation begins with a papaya-pineapple body scrub to exfoliate your skin leaving it smooth and more receptive. Next, warm Kukui Coconut oil is poured over your body followed by a tropical massage.

(\$100.00 for 60 minutes, \$140.00 for 90 minutes)

Epicuren's Papaya-Pineapple or Herbal-Spice Body Scrub

Only have a few minutes to spare away from the beach but want to prepare your skin for the best possible suntan? One of these body scrubs is just the thing. Your skin will be gently exfoliated to reveal a glowingly fresh you, followed by either a Papaya-Pineapple or Herbal-Spice facial quality moisturizer.

(\$75.00 for 45 minutes)

Sea Salt Glow

Experience the restorative and hydrating powers of the invigorating salt scrub and enjoy a pleasurable departure of dead cells from your body. The salt scrub gently exfoliates your dry, dead skin for a refreshed and radiant glow and maximizes circulation letting your skin breathe while optimizing the benefits of moisturizer application.

(\$100.00 for 60 minutes, \$140.00 for 90 minutes)

Epicuren's Noni Body Wrap

Known for its legendary healing powers, the Noni plant has been used for many generations throughout the tropics. Noni is soothing, healing and naturally tightens the skin. Noni gel is applied to your skin and wrapped to enhance absorption. Followed by a warm coconut milk massage to help seal in the moisture. **Perfect as an after-sun or sunburn treatment.**

(\$100.00 for 60 minutes)

Epicuren's Spice Islands Body Indulgence

Let the aromatic spices of cinnamon and nutmeg take you on tropical getaway. Your journey begins with an herbal spice body scrub. Next, you will receive a Chai soy mud mask naturally rich in minerals and antioxidants designed to purify and rejuvenate tired muscles, followed by a warm coconut milk massage. This treatment is perfect for relieving sore muscles after a day of hiking or long airplane ride.

(\$145.00 for 90 minutes)

Acti-Seaweed Wrap

Warm acti-sea body mud is applied after a gentle skin exfoliation. Enjoy the benefits of a scalp massage while wrapped for 25 minutes in a mylar sheet to keep you warm. This mud stimulates, firms, and moisturizes the body with its seaweed blend. It also stimulates the thyroid gland for slimming, increases vasodilatation for decongestion and waste elimination, protects and regulates cellular moisture exchanges, rebalances and restores proper hydration, and protects from future exposure by fighting free radicals. The seaweed is rinsed from your body leaving your skin well nourished breathing and feeling great while you drift away in a relaxing massage.

(\$145.00 for 90 minutes)

In-Room Massage

Custom Massage available in the privacy and convenience of your guest room.

(\$145 for 60 minutes, \$185 for 90 minutes)

Oxygen Facial

The Oxygen Facial is the ideal therapy for your skin. Your skin is oxygenated which thoroughly cleans pores; increases blood circulation, and lighten hyper-pigmentation. The Oxygen Facial gives you amazing skin, illuminated with a warm, healthy glow.

(\$95.00 for 60 minutes)

Gentlemen's Facial

This facial is designed specially for the needs of men's skin. Balancing and soothing, it will leave your skin refreshed and clean.

(\$95.00 for 60 minutes)

Ginseng & Pearl Hydrating Facial

After you are cleansed and toned, you would be gently exfoliated with a gromage peel. Next, a soft modeling mask of ginseng and pearl powder is applied. Your skin will feel cool as the mask takes form, hydrating and rejuvenating the skin. Excellent for all skin types, this unique treatment leaves the skin glowing.

(\$135.00 for 80 minutes)

Cryogenic Marine Facial

An outstanding treatment with immediate results! After you are cleansed and toned, a marine enzyme peel is applied to provoke a gentle exfoliation and allow for better penetration of the mask. The algae-based mask is mixed with essential oils and vitamins and applied to your skin. Relax under the pleasant cooling sensation as the mask hardens and ingredients absorb into your skin. Excellent for all skin types, this treatment leaves the skin feeling hydrated, firm and revitalized.

(\$135.00 for 80 minutes)